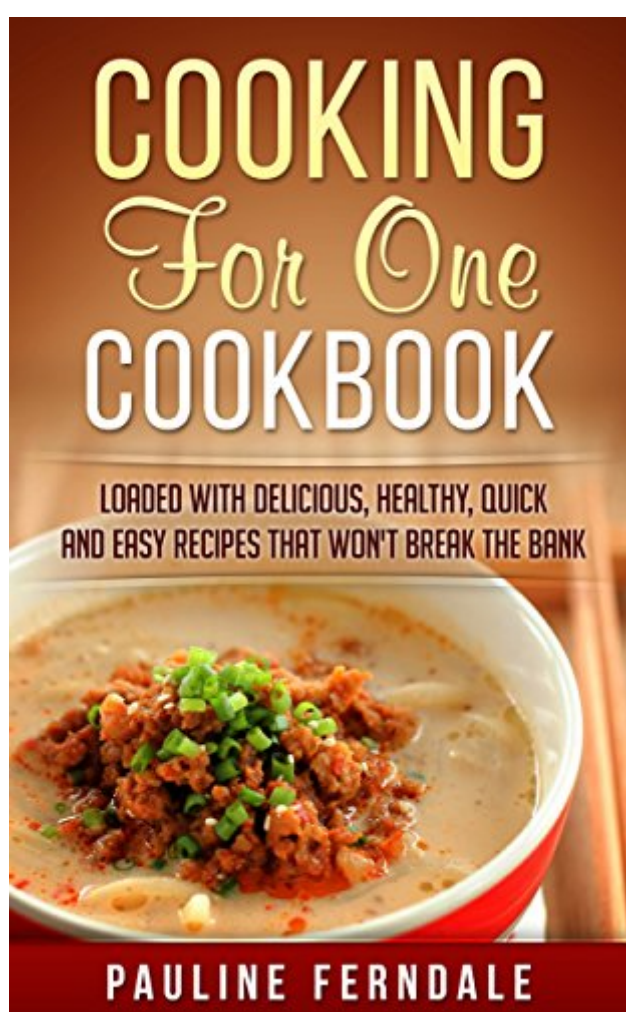


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# Cooking For One Cookbook: Loaded With Delicious, Healthy, Quick And Easy Recipes That Won't Break The Bank (Cooking For Two, Freezer Meals, One Pot Recipes)



## Synopsis

Loaded With Delicious, Healthy, Quick 'N' Easy Recipes For YOU Time poor? Looking for recipes that're easy and efficient to make while also maintaining a budget? Well, you've come to the right place! Here's A Preview Of What The Cooking For One Cookbook Contains... An introduction to cooking for one Why you should cook for yourself explained Delicious, easy to make coffee cup recipes for one Mouth watering breakfast burrito recipes for one One pot lunch recipes that won't break the bank! Scrumptious one pot dinner recipes that'll treat your tastebuds And much, much more! You'll Be Cooking Amazing One Pot Meals Including... Mediterranean Omelet Coffee Cup Quiches Easy Broccoli Casserole Bistro Bacon Salad And HEAPS more So what're you waiting for? These amazing meals that're actually enjoyable to eat while simultaneously saving yourself time and money during the preparation process are only moments away. Get Your Copy Right Now!

## Book Information

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## Customer Reviews

This book is absolutely perfect for anyone who finds themselves cooking for one or two people. Not only are the recipes absolutely wonderful, the recipes for using left - overs are also great. This book is going to save me in the kitchen and wallet cause now I don't have an excuse to not cook great

meals at home. Finally, here's one cookbook with recipes for one person and not for a family of four or five or six. Now I can stop eating out and start cooking my meals again.

This is a decent book with a couple of simple, easy to make recipes, offering exactly what you would expect. It also emphasizes healthy foods, and not just inexpensive foods. Given that it's not expensive, it's worth a buy. This book is extremely helpful to learn how to cook just for one person, besides, it provides good tips to cook faster and in an easy way. The book is structured very well, after the initial chapters sort out your kitchen, appliances, essentials for your cupboards and even a nice workflow or kitchen triangle. It even covers different preparation techniques, hygiene, high risk foods etc.

I can't believe how many recipes there are in this tiny cookbook! Definitely well worth the money. With the right amount of measurements in the ingredients for use, there would be no waste in ingredients. If you're single or cook for one and are on a budget then you will like this book.

This book will give you great recipes to start making some great meals. This book caught my attention, mainly because it's aimed for beginners as me. I usually always end up cooking way too much food and then end up wasting it so it was interesting to see some great recipes that you can just cook for yourself or someone else that were delicious and healthy. I recommend this book to not only single but also to anyone who wants to prepare nutritious food that tastes good and is easy to prepare.

The idea of Cooking For One is interesting. Imagine, you will only cook for yourself? This is especially helpful if you are very busy and you don't have time to cook for other people. I find this book very comprehensive and profound too. But what matter above all is the collection of recipes that I got here. They are surely mouth-watering and worthy to be done. Talking about immediate gratification! I particularly love the Coffee Cup Quiches. This book is a must kept, it will definitely stay in my library!

Very nice cookbook. Just reading this book for an hour was worth the price of the book. It comes down mostly to paying attention to what you are doing when creating good food. One of the best and most comprehensive cooking books around!

This is such an impressive book to read! I'm single so this is a great book for me. I usually always end up cooking way too much food and then end up wasting it so it was interesting to see some great recipes that you can just cook for yourself or someone else that were delicious and healthy. It's really worth recommending!

This is an impressive and useful recipe book! This book has lots of recipes in it, and I think it can be served in your own household as well, though I can't help thinking that the author is single but who cares this is such an excellent book. The recipes here are very easy to make and it's very suited for Bachelors, quick cooking is needed for a single person that has a fast paced life. So much worth purchasing!

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